

GOVT. COLLEGE OF NURSING, JAIPUR

TOPIC

CORONA VIRUS [COVID-19]

PRESENTED BY DR. JAGDEEP SAINI



WHAT IS CORONA VIRUS

- Corona viruses are a large family of viruses that are known to cause illness ranging from the common cold to more severe diseases such as—
- MERS— Middle East Respiratory Syndrome.
- SARS— Severe Acute Respiratory Syndrome.

NOVEL CORONAVIRUS

- A novel corona virus [CoV] is a new strain of corona virus that has not been previously identified in humans.
- Outbreak was first identified in Wuhan, China in December 2019.
- It was recognized as a pandemic by WHO on 11 March 2020.

SYMPTOMS OF COVID-19

- Fever
- Cough
- Shortness of breathing
- Fatigue
- Muscle pain or joint pain
- Sore throat
- Headache
- Diarrhoea etc.

Wash your hands

Wash your hands with soap and running water when **hands are visibly dirty**



If your **hands are not visibly dirty**, frequently clean them by using alcohol-based hand rub or soap and water



World Health
Organization

Protect yourself and others from getting sick

Wash your hands



- after coughing or sneezing
- when caring for the sick
- before, during and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after handling animals or animal waste



World Health
Organization

Protect others from getting sick

When coughing and sneezing
cover mouth and nose with
flexed elbow or tissue



Throw tissue into closed bin
immediately after use

Clean hands with alcohol-based
hand rub or soap and water
after coughing or sneezing and
when caring for the sick



World Health
Organization

Protect others from getting sick



Avoid close contact when you are experiencing cough and fever

Avoid spitting in public



If you have fever, cough and difficulty breathing **seek medical care early** and share previous travel history with your health care provider



World Health
Organization

PREVENTION FROM COVID-19

- Wash your hands with soap and water.
- Use hand sanitizer as backup.
- Cover coughs and sneezes.
- Avoid touching face.
- Avoid close contact with others.
- Disinfect often touching surfaces.

THANKS

- BY– DR. JAGDEEP SAINI
FACULTY, GCON JAIPUR.