

# ECLAMPSIA

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Seek Medical help if warning signs for eclampsia are present i.e.:

- Swelling over feet
- Swelling all over body
- Blurring of vision
- Headache
- Nausea, vomiting, epigastric pain
- Pain abdomen
- Decrease urine output



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In case, fits occur at home:

- Make the woman to lie down to prevent injury from fall.
- Loosen clothing around woman's neck.
- Protect tongue bite by putting clean cloth in mouth.
- Move sharp objects away from patient to prevent injury.
- Do not restrain/ hold down the woman.
- Roll the woman on her side to keep airway open & to prevent aspiration.



- Wipe off frothing from mouth by a clean cloth, to prevent aspiration.
- Ask bystanders to give woman room.
- Observe length, duration & type of movement during fit.

It may later on help the doctor to form a diagnosis.

- Watch for respiration & pulse.
- Immediately seek medical help. Reach out, urgently, to nearest hospital/ doctor.