

**GOVERNMENT MEDICAL COLLEGE, PALI**  
**MBBS BATCH 2019-2020**  
**REVISED FOUNDATION**

SR NO	TIME DATE	08:00-09:00am	09:00-09:50am	09:50-10:45am	10:45-11:15	11:15-12:15	12:15-02:00	02:00-03:00	
1.	01.08.19 Thur	OR- Student reporting (Dr. Rajneesh, Mr. Himmat Singh)			<b>B R E A K</b>	OR- Welcome address to students, Introduction & interaction of parents & students with P&C, phase-I HOD & Medical Superintendent			
2.	02.08.19 Fri	OR- Visit to hostel & campus (Dr. Seema, Dr. Sanjay Choudhary)		OR- Introduction to student welfare, Extracurricular committees & Mentor Mentee program (Committee)		OR- Visit to Library (Dr. Ritu Agarwal)			
3.	03.08.19 Sat	OR- Visit to Hospital (Dr. Sharda Toshniwal, Dr. Priyanka Soni, Dr. Shesha Ram)				OR- Visit to Department of Anatomy	OR- Introduction to anti-ragging committee (Anti-ragging Committee Chairman)		
4.	05.08.19 Mon	English Language (Outsourced)	OR- Introduction to Curriculum & Skill requirement. (Dr. Jayant Kumar, Dr. Nikha Bhardwaj, Dr. Seema Laxman)			OR- Visit to Department of Physiology	OR- Visit to Department of Biochemistry	Computer Skill (Outsourced)	
5.	06.08.19 Tue	English Language (Outsourced)	OR- Rules regarding attendance, examinations & assessment (Dr. Rajendra Sharma)			AETCOM Role of Doctor in society (Dr. H. M. Choudhary)			Computer Skill (Outsourced)
6.	07.08.19 Wed	SKILL Time management (Dr. Abhijeet Joshi)	Language (Outsourced)			SKILL Peer Pressure management (Dr. Khemlata Tilwani)	Computer Skill (Outsourced)	Sports (Dr. Roshan Verma Dr. Urmila Dhayal)	
7.	08.08.19 Thur	English Language (Outsourced)	SKILL Needle Scalpel Injury & Bio-safety Hazard (Dr. Sanjiv Ahuja)			OR- Mentor Mentee meeting (Dr. Seema Laxman)	SKILL Stress Management (Dr. Ankit Awasthi)	Computer Skill (Outsourced)	
8.	09.08.19 Fri	English Language (Outsourced)	AETCOM Communication Skill & Interpersonal relationship (Dr. Ankit Awasthi)			SKILL Laboratory Safety (Dr. Aruna solanki)	Extra-Curricular Activity (Talent Search) (Dr. Asmita Hazra)	Computer Skill (Outsourced)	
9.	10.08.19 Sat	English Language (Outsourced)	SKILL Bio-Medical Waste Management (Dr. Priyanka Soni)			Computer Skill (Outsourced)			Sports (Dr. Roshan Verma/ Dr. Urmila Dhayal)

10.	13.08.19 Tue	Meditation (Mr. Manish Parihar)	SKILL Group Dynamics & Team Work (Dr. Seema Laxman)	<b>B R E A K</b>	Reflection & feedback of Students upto 12.08.19 Academic Section- (Dr. Abhijeet Joshi)		Computer Skill (Outsourced)
11.	14. 08.19 Wed	English Language (Outsourced)	AETCOM Personal Grooming (Appropriate in Health care system) (Dr. Ritu Agarwal)		SKILL Universal Precaution & Vaccination (Dr. Sanjay Choudhary)	Computer Skill (Outsourced)	Sports (Dr. Roshan Verma/ Dr. Urmila Dhayal)
12.	16.08.19 Fri	Meditation (Mr. Manish Parihar)	English Language (Outsourced)		Computer Skill (Outsourced)	SKILL Learning- New teaching skill that you will experience (Dr. Nikha Bhardwaj)	Sports (Dr. Roshan Verma/ Dr. Urmila Dhayal)
13.	17. 08.19 Sat	English Language (Outsourced)	AETCOM Informed Consent (Dr. M. L. Lohiya)		SKILL Hand Hygeine (Dr. Sanjeev Ahuja)	Computer Skill (Outsourced)	Sports (Dr. Roshan Verma/ Dr. Urmila Dhayal)
14.	19. 08.19 Mon	English Language (Outsourced)	FIELD VISIT		Computer Skill (Outsourced)	Extra-Curricular Activity (Quiz) (Dr. Asmita Hazra/ Dr. Latika Nath Sinha/ Dr. Samta Gaur)	
15.	20. 08.19 Tue	English Language (Outsourced)	AETCOM Medical Negligence (Dr. Hareesh Kumar)		Community Based Learning (Dr. Sanjay choudhary)	Computer Skill (Outsourced)	Sports (Dr. Roshan Verma/ Dr. Urmila Dhayal)
16.	21. 08.19 Wed	English Language (Outsourced)	AETCOM Unethical Behavior (Dr. Ankit Awasthi)		AETCOM Medical ethics & professionalism (Dr. Hareesh Kumar)	SKILL Laboratory skills (Dr. H. P. Toshniwal)	Computer Skill (Outsourced)
17.	22. 08.19 Thur	Meditation (Mr. Manish Parihar)	English Language (Outsourced)		SKILL First Aid (Dr. Anil Vishnoi)	FIELD VISIT P.S.M. Dept.	Computer Skill (Outsourced)
18.	23. 08.19 Fri	English Language (Outsourced)	SKILL Basic Life Support (Dr. O. P. Suthar)		SKILL Communication Skills (Dr. Virendra Choudhary)	Computer Skill (Outsourced)	Sports (Dr. Roshan Verma/ Dr. Urmila Dhayal)
19.	26. 08.19 Mon	English Language (Outsourced)	FIELD VISIT P.S.M. Dept.		AETCOM Documentation & Medical Records (Dr. R. K. Bishnoi/ Medical Record Officer)	SKILL Learning Skill- Group activity (Dr. Deepu/Dr. Khetmal/Dr. Gautam Chand)	Computer Skill (Outsourced)

20.	27. 08.19 Tue	English Language (Outsourced)	AETCOM Gender Sensitivity & Self Defence (Dr. Ankit Awasthi)	<b>B R E A K</b>	OR- Mentor Mentee meeting (Dr. Seema Laxman)	SKILL Use of Online Resources (Dr. Gaurav Kataria/ Dr. Vipul Nagar)	Computer Skill (Outsourced)
21.	28. 08.19 Wed	English Language (Outsourced)	SKILL Life Style Modification (Dietician, Dr. Rajendra Sharma)		Computer Skill (Outsourced)	FIELD VISIT P.S.M. Dept.	Sports (Dr. Roshan Verma/ Dr. Urmila Dhayal)
22.	29. 08.19 Thur	English Language (Outsourced)	Anti-ragging- Rules & Regulations (Dr. Jayant Kumar)		Computer Skill (Outsourced)	Sports (Dr. Roshan Verma/ Dr. Urmila Dhayal)	
23.	30.08.19 Fri	English Language (Outsourced)	Academic Ambience & Discipline (Dr. K. C. Agarwal)		Computer Skill (Outsourced)	Extra-Curricular Activity (Music & Dance Competition) (Dr. Asmita Hazra, Dr. Abhinav Purohit, Dr. Madhurima/ Dr. Samta Gaur/ Dr. Latika Nath Sinha)	
24.	31. 08.19 Sat	English Language (Outsourced)	Computer Skill (Outsourced)		Reflection & feedback of Students upto 31.08.19		Sports (Dr. Roshan Verma/ Dr. Urmila Dhayal)