

S. No. Investigations under Annual Health Check up for State service officers.

1. Hemogram
 - (i) CBC
 - (ii) DLC
 - (iii) PBF
2. Urine Examination
 - (i) Colour
 - (ii) Albumin
 - (iii) Sugar
 - (iv) Microscopic Examination
3. Blood Sugar
 - (i) Fasting
 - (ii) Post-prandial (if needed)
4. Lipid Profile
 - (i) Total cholesterol
 - (ii) HDL Cholesterol
 - (iii) LDL cholesterol
 - (iv) VLDL Cholesterol
 - (v) Triglycerides
5. Liver Function Tests
 - (i) S. Bilirubin (total)
 - (ii) S. Bilirubin (Direct)
 - (iii) SGOT
 - (iv) SGPT
6. Kidney Function Tests
 - (i) Blood Urea
 - (ii) S. Creatinine
 - (iii) S. Uric Acid
7. Cardiac Profile
 - (i) S. LDH
 - (ii) CK-MB
 - (iii) SGOT

For Men: PSA (symptomatic/optional)
8. X-RAY-Chest (optional)
9. ECG
10. USC Abdomen
11. Gynaecological Health check up
 - (i) Pelvic Examination
 - (ii) Local Examination
 - (iii) Per Vaginum (P/V)
 - (iv) Per Speculum
 - (v) Surgical Examination
 - (vi) Breast Examination
12. Eye Examination (optional)
 - (i) Distant Vision
 - (ii) Vision with Glasses
 - (iii) Colour vision
 - (iv) Tonometry (if needed)
 - (v) Fundus Examination
13. ENT (optional)
 - (i) Oral Cavity
 - (ii) Nose
 - (iii) throat
 - (iv) Larynx
 - (v) Hearing Check up

14. HbsAg
Summary of Medical report (only copy of this part is to be attached to PAR)

1. Overall Health of Officer
2. Any other remarks based on the health medical check up of the officer.
3. Health Profile grading.

Date:-

Signature of Medical Authority -
Name of Medical Officer
Designation