

**GOVERNMENT MEDICAL COLLEGE, KOTA**

**FOUNDATION COURSE 1ST MBBS BATCH 2019-2020**

	8-9 AM	9-10 AM	10-11 AM	11-12 AM	12.30-1.30 PM	1.30-2.30PM	2.30-3.30 PM
1.08.2019	<b>Orientation:</b> Inaugural Address and welcome:  <b>Principal and HOD of 4 Dept of I MBBS</b>	<b>Orientation:</b> Interaction with parents : Defining roles of parents <b>Coordinated by O/I Academics (OIA)</b>	<b>Orientation :</b>  Introduction to the MBBS Programme:  <b>O/I Academics (OIA)</b>		<b>Orientation:</b> Sensitization on Ragging and Its consequences. <b>Chairperson: committee Dr Ghanshyam soni</b>	<b>Orientation to committees for sports and Extracurricular Activities :</b> Introduction to Extra-curricular activities in GMC: Annual Sports, <b>Dr RP Meena, Dr Neeraj Devanda RS Chauhan, Secretary Sports</b>	
2.08.2019	<b>Orientation:</b> History of Medicine,; Alternative Health Systems  <b>Interactive lecture</b>  <b>Dr Ashutosh Sharma</b>	<b>Orientation:</b> General Rules, Regulations Discipline and introduction to first MBBS ,brief introduction of departments  <b>Coordination by OIA and HOD/faculty members of departments.</b>	<b>Orientation:</b> Introduction of AETCOM Module and what it means to the Student  <b>Coordination by Dr Naresh Rai</b>	<b>Orientation:</b> Introduction to CBME and its implications for students.  <b>Dr Deepika Mittal</b>	<b>Professionalism :</b> Self-Directed Learning (By SGT- small group discussions)  <b>Dr Jaishree</b>	<b>Sports Activity:</b>  <b>Orientation</b> outdoor or indoor Sport Adviser with  <b>Coordination by Secretary Sports</b>	
3.08.2019 Saturday	<b>Orientation:</b> Learn how to learn  <b>Interactive lecture</b>  <b>Dr CP Singh</b>	<b>Orientation:</b> Biohazard , patient and personal safety, Concept of Bio-safety: <b>Interactive lecture by Dr Anita E Chand</b>	<b>Professionalism :</b> Hygiene in Health Care : Hand Washing and Universal precautions. <b>Interactive lecture Dr Jaishree</b>	<b>Professionalism:</b> Excellence in health care; the move towards Evidence based Medicine <b>Interactive lecture Dr Ashutosh Sharma</b>	<b>Language and Computers Orientation:</b> Introductory session: Students will be informed of the need to select Language enhancement or Computer or local language sensitization. <b>Interactive lecture Dr Rakesh Sharma</b>		<b>Extracurricular :</b> Music , debate of students choice <b>Member of Cultural Committee</b>
5.08.2019	<b>Orientation:</b> Occupational hazards and needle prick injuries <b>Interactive lecture</b>  <b>Dr Naveen Saxena</b>	<b>Orientation:</b> Important health Policies and programmes including new initiatives of GOI <b>Interactive lecture by Dr Deepika Mittal</b>	<b>Orientation:</b> Healthcare Systems, Delivery in the community: Interactive Lecture <b>Dr Rahul Meena</b>	<b>Orientation:</b> Overview National Health Priorities and Policies <b>Interactive lecture Dr Preeti Gupta</b>	<b>Orientation:</b> Important Vaccinations and Post exposure prophylaxis  <b>Dr Mahendra khanna</b>	<b>Language enhancement:</b>  Precise writing workshop  <b>Dr Anita E Chand</b>	<b>Computers</b> :Computer skills: Basics <b>faculty from IT Cell Mr Vivek Dixit</b>
06.08.2019	<b>Orientation:</b> Curriculum , Assessments, University examinations and eligibility requirements OIA	<b>Orientation:</b> Medical records Department A video of the MRD to show students how a patient gets registered in to the OPD and Emergency system: Introduction to ICD coding  <b>Dr P K Tiwari</b>		<b>Professionalism</b> :Biomedical waste management <b>Dr Dinesh Verma</b>	<b>Language enhancement:</b> Writing letters  <b>Dr Sumit Gupta</b>	<b>Computer skills</b> :Learn how to navigate the web: Tips and tricks <b>faculty from IT Cell Ms Smita Mehta</b>	<b>Sports</b> Supervised by member Sports committee

07.08.2019	<b>Orientation :</b> Visit to Departments Anatomy,biochemistry,physiology& PSM <b>Coordination: Basic Department Faculty</b>	<b>Orientation:</b> Visit to facilities : in small groups ( library, Cafeteria, IT centre, Sports ground, Hostel facility) <b>Coordination: Basic Department Faculty and student union representative</b>		<b>Orientation:</b> Importance of Attendance  <b>Dr Umesh Kumar</b>	<b>Computer skills:</b> How to make good presentations  <b>faculty from IT Cell</b>	<b>Extracurricular:</b> <b>Music / Debate Chairperson Cultural Committee</b>
08.08.2019	<b>Professionalism :</b> Physician's role and responsibility to society and community Expectations of society & patients from doctors (By panel discussion) <b>Coordination by OIA</b>  <b>Dr Girish Verma, Dr RP Rawat , Dr N Rai Dr RK Tanwar</b>	<b>Professionalism :</b> Commitment to lifelong learning as an important part of physician's growth(sensitization by interactive lecture)  <b>Dr Girish Verma,</b>	<b>Professionalism: :</b> Physicians Role in Society <b>Interactive lecture</b>  <b>Dr Saurabh Chittora</b>	<b>Professionalism:</b> Introduction to IEC of our institute , Ethics in Medical Research , <b>Dr Pratima Jaiswal</b>	<b>Language enhancement :</b> Common errors in English writing/speaking <b>Dr Neeta Parekh</b> (Invited faculty)	<b>Extracurricular:</b> Music , debate , painting etc <b>Member Literary Committee</b>
09.08.2019	<b>Field Visit 1 :</b> Visit to Primary Health Centre (Urban and Rural)  11-12 AM : Discussion and reflection <b>Coordination by Head of Community Medicine Department</b>			<b>Professionalism:</b> Concepts of Professionalism and ethics <b>Interactive lecture</b>  <b>Dr B S Shekhawat</b>	<b>Language enhancement :</b> Speaking in Public <b>Dr Vaishali Bhargav</b> (Invited faculty)	<b>Computer skills:</b> Use of Excel and other Microsoft applications <b>faculty from IT cell</b>
10.8.2019 Saturday	<b>Professionalism:</b> Personal Identity; Who am I? Why am I here? An explorative session  <b>Dr D K Sharma</b> (Invited guest faculty)	<b>Professionalism:</b> Indian medical Graduate :roles &expectations ( <b>Interactive lecture</b> )  <b>Dr Pratima Jaiswal</b>	<b>Professionalism:</b> Learning from other members of health care team ( <b>Interactive lecture</b> )  <b>Dr Preeti Gupta</b>	<b>Language /skill enhancement :</b> Clear communication  <b>Dr Neeta Parekh</b> (Invited faculty)	<b>Language enhancement :</b> Writing patient stories and narratives. from the medical literature and discuss among large group <b>DrAL Bairwa</b>	<b>Computerskills :</b> Networking skill  <b>Faculty from IT Cell</b>
13.08.2019	<b>Field Visit 2:</b> Visit to Primary Health Centre (Urban and Rural) Students will be given a introductory lecture at these centres and will then go in small groups to different sections in rotation. They will interact with patients, faculty and staff. They will observe the IEC on display and see the other documents. 11-12 PM : Discussion and reflection <b>Coordination by Head of Community Medicine Department</b>			<b>Computer skills:</b> How to make good Presentation <b>Faculty from IT Cell</b>	<b>Language Skills:</b> Discussion on novels and stories which have had a significant impact on your life <b>Dr Kalpana Makhija</b>	<b>Sports outdoor or indoor Supervised by member Sports committee</b>

14.08.2019	<b>Professionalism:</b> Interpersonal relationships : Boundaries , Confidentiality <b>Dr BS Shekhawat</b>	<b>Skills Module :</b> Stress management: (sensitization by interactive lecture vedio,role play)  <b>Dr Devendra Vijayvargiya</b>	<b>Skills Module :</b> Time management (sensitization by interactive lecture vedio) <b>Dr Nilesh Jain</b>	<b>Skills Module :</b> Barriers to good communication <b>Interactive lecture</b> <b>Dr Rakesh Sharma</b>	<b>Extracurricular :</b> Preparation for Independence Day <b>Coordinated by Cultural Committee</b>	
15.08.2019	<b>Independence Day : Attendance Compulsory</b>					
16.08.2019	<b>Professionalism:</b> Integrity, honesty Interactive lecture : <b>Dr Nirmal Sharma</b>	<b>Skills Module 1:</b> Basic Life Support & First Aid (by demonstration using Payton model in small groups)  <b>Dr S C Dulara &amp; Team</b>		<b>Language enhancement :</b> Writing letters and e mail communication on electronic media; do's and don's <b>Dr Sunil Bairwa</b>  <b>Computer skills:</b> Cybercrime: Legal use of media sources <b>Mr Vivek Dixit</b>	<b>Sports Supervised by Member , Sports Committee</b> outdoor or indoor	
17.08.2019 Saturday	<b>Professionalism</b> Research & ICMR STS (by Interactive lecture) <b>Dr Lakshmi Agarwal, Rishabh Mathur</b>	<b>Skills Module :</b> Introduction to communication skills in a medical environment : <b>Interactive lecture/,Role Play</b>  <b>Dr Deepti Sharma</b>	<b>Professionalism</b> Obstacles & options in pursuing professional medical carrier (by Interactive lecture)  <b>Dr Vijay Sardana</b>	<b>Language Enhancement:</b> Dramatic: Few Students will perform a small skit or role play in English / Vernacular. (with prior information on this activity). <b>Dr Devendra Yadav</b>  <b>Computer Skills : hands on</b> A few student volunteers will show their skills in power point/ websites . <b>Ms Neha Mudgal,Kavita Gupta</b>		<b>Sports Supervised by Member , Sports Committee</b> outdoor or indoor
19.08.2019	<b>Professionalism</b> Care of the patient : <b>Panel Discussion</b> Coordinated by Dr Sunil Bairwa  <b>Dr Bharti Saxena, Dr Neeraj Dewanda, Dr A L Bairwa</b>	<b>Skills Module 2:</b> Infection control in the workplace: <b>Interactive lecture/,Role Play/vedio</b> (by demonstration using Payton model in small groups )  <b>Dr Ghanshyam Soni &amp; Team</b>		<b>Professionalism:</b> Privileged communication in medical ethics (By Interactive lecture ) <b>Dr Dilip Maheshwari</b>	<b>Language Enhancement:</b> Public speaking: Student volunteers will speak for 5 minutes on topics given to them  <b>Dr Vinod Daria</b>  <b>Computer Skills :</b> Networking skills: What is your experience ? <b>Coordinated by Faculty IT Cell</b>	
20.08.2019	<b>Skills Module</b> :Learning by Simulation& Self directed Learning  (interactive lecture)  <b>Dr Chetan Shukla</b>	<b>Skills Module:</b> Task prioritization with competing interests (interactive lecture)  <b>Dr Rakesh Singh</b>	<b>Skills Module:</b> Biostatistics for Beginners  (interactive lecture)  <b>Dr Rajeev Verma</b>	<b>Professionalism :</b> Legal issues in Medical Practice  (interactive lecture)  <b>Dr Deepak Sharma</b>	<b>Language Enhancement:</b> Use of vernacular: Students will write short articles on any subject of choice in any language and will share with colleague.Pair-Share experience  <b>Dr Sumit Gupta</b>  <b>Computer Skills :</b> suitability Power point presentations in education <b>Faculty from MEU will guide the process</b>  <b>Ms Nidhi,Ms Smita Mehta</b>	outdoor or indoor <b>Sports Supervised by Member , Sports Committee</b>

21.08.2019	<b>Professionalism</b> Working with multidisciplinary teams : (by interactive lectures)  <b>Dr Naveen Saxena</b>	<b>Skills Module 3:Disaster Management Skills : Fire and Earthquake Evacuation</b> <b>(by demonstration using Payton model in small groups )</b>  <b>Dr Amit Sarswat &amp; Team</b>			<b>Language enhancement:</b> Writing medical records: History writing ,Different formats, POMR, making corrections, writing legibly, importance of signature and identification.  <b>Dr Lalchand</b>	<b>Sports Supervised by Member , Sports Committee</b> outdoor or indoor
<b>Computer skills:</b> Medical Records in online format. What students should know? <b>Mr Vivek Dixit</b>						
22.08.2019	<b>Professionalism :</b> Personal grooming and self care  (by interactive lectures) <b>Dr Aushima Vijay</b>	<b>Professionalism</b> Consequences of unethical/unprofessional behavior (by case scenarios)  <b>DrVikas Khandalia</b>	<b>Professionalism:</b> Maintaining confidentiality (sensitization by interactive lecture, immersion by case scenarios & reflection)  <b>Dr Deepak Sharma</b>	<b>Professionalism</b> Compassion & empathy (By interactive lecture)  <b>Dr Naresh Rai</b>	<b>Language enhancement:</b> Essay writing competition. Students will write essays and exchange them anonymously. Samples will be read in the class. <b>Coordination by Dr Aarushi Jain</b>	<b>Sports Supervised by Member , Sports Committee</b> outdoor or indoor
<b>Computer skills:</b> Using e-learning in medical education <b>Ms Nidhi,Ms Smita Mehta</b>						
23.08.2019	<b>Skills Development:</b> Assessment driven learning (by interactive lectures) <b>Dr Mamta Sharma</b>	<b>Skills Development</b> Peak Performance  <b>Dr Vaishali Bhargav</b> (Invited faculty)	<b>Skills Development</b> Dealing with Media corospondants  <b>Dr R P Meena</b>	<b>Professionalism:</b> What it means to be a Globally relevant clinician  <b>Dr Manoj Saluja</b>	<b>Language enhancement/ Computer skills:</b> (Use of Microsoft excel & word effectively)  <b>Ms Swati Balla,Ms Mahima</b>	<b>Sports Supervised by Member , Sports Committee</b>
26.08.2019	<b>Skills Module :</b> <b>Learning skills ,</b> group learning, learning from patients and from community <b>Dr Mahendra Khanna</b>	<b>Skills Module 4:First Aid in Common situations at home</b> <b>Interactive lecture/,Role Play/vedio</b> <b>(by demonstration using Payton model in small groups )</b>  <b>Dr Nirmal Sharma &amp; Team</b>			<b>Language enhancement: Visual Skills</b> .Students will be shown a picture of some object or scene or a piece of art for 45 seconds. They will then write on what they think of it. This will assess their ability to observe and interpret pictorial material. <b>Dr Aarushi Jain</b>	<b>Sports Supervised by Member , Sports Committee</b>
<b>Computer skills:</b> learning sites on net related to med.websites and discuss their relevance. <b>Faculty from IT Cell</b>						

27.08.2019	<b>Professionalism:</b> Professional behaviour, Role modelling, Evidence based learning, Portfolio, Video learning /reflection & How to perform in exams <b>(By interactive lecture)</b>  <b>Dr Gulab Kanwar</b>	<b>Professionalism</b> :Ethical dilemmas in medicine <b>Interactive case based discussion :</b>  Dr Ashok Mundra	<b>Professionalism:</b>  care of special need &vulnerable persons  <b>Dr C S Sushil</b>	<b>Professionalism :</b> Medical education &humanities  <b>Dr Neeraj Devanda</b>	<b>Language Enhancement :</b> <b>Listening skills</b> Students will listen to a recording of a 5 minute speech and will write in brief of the contents.Few speeches will be presented.,Discussion <b>Dr Nitesh Agarwal</b>  <b>Computer skills:</b> Students will be asked to present on the PowerPoint slides. Discussion will be on the best mode or representation of data <b>. Faculty from IT Cell</b>	<b>Sports Supervised by Member , Sports Committee</b>
28.08.2019	<b>Skills Module:</b> yoga, meditation <b>(with use of interactive demonstration)</b>  <b>Mr Anil Jain</b>	<b>Skills Module :</b> Communication Skills : How to communicate in a variety of settings : office, OT, mobile , with patients , with relatives <b>Interactive discussion coordinated by Dr Sunil Bairwa</b>  <b>Dr Mamta Sharma,Dr RP Meena ,DrArchana Tripathi</b>			<b>Language enhancement:</b> Understanding Poetry. Students will be asked to bring poetry in any language and recite important passages. Others will discuss the relevance of the chosen passages. <b>Dr Kalpana Makhija</b>  <b>Computer skills</b> Explanation of the Computer networking <b>Mr Vivek Dixit</b>	<b>Sports Supervised by Member , Sports Committee</b>
29.08.2019	<b>Skills Module:</b> yoga, meditation <b>(with use of interactive demonstration)</b>  <b>Mr Anil Jain</b>	<b>Professionalism:</b> Confidentiality, truth telling, consent, examination of patients , exploitation. <b>Interactive panel discussion.</b>  coordinated by Dr Vandana Meena  <b>Dr Ved Prakash Gupta , Dr R S Meena, Dr Mukesh Somvanshi</b>	<b>Language:</b> Enhancement: Learning pedagogy <b>(By interactive lecture)</b>  <b>Dr Gulab Kanwar</b>	<b>Professionalism:</b> The dying patient  <b>(By interactive lecture/vedio)</b>  <b>Dr Usha Daria</b>	<b>Professionalism:</b> Student as teacher: Reaching out to the community and patient <b>(By interactive lecture)</b>  <b>Dr Amrita Mayangar</b>	<b>Skills Module:</b> Procedural Skills: The anxiety of the uninitiated  <b>Dr Navneet Parahar</b>
30.08.2019	<b>Professionalism</b> workplace etiquette,;hierarchy,interprofessionalism <b>Dr Devendra Vijayvargiya</b>	<b>Skills Module:</b> Communicatin skill in local language,how to use local language effectively  <b>Mr Ramnarayan Haldhar</b> (Invited Faculty)	<b>Professionalism</b> Experience sharing by seniors How do they learn  <b>Dr Rajendra Takhar</b>	<b>Professionalism:</b> Gender sensitivity in med profession <b>(with use of interactive lectures ,videos &amp; movie clips)</b> <b>Dr Sangeeta Saxena</b>	<b>Extracurricular : Songs and Music</b> <b>Member Cultural Committee</b>	

31.08.2019	<b>Professionalism :</b> Peer assisted learning (by demonstration)  <b>Dr Vinod Daria</b>	<b>Skills Module</b> Learning Strategies. <b>(By interactive lecture)</b>  <b>Dr Sudha Pankaj</b>	<b>Professionalism :</b> Leadership and Commitment to the profession  <b>Principal &amp; Controller</b>	<b>Skills Module:</b> Use of Electronic Medical records Internet , Google in Medicine  <b>Dr Anand Goyal</b>	<b>Skills Module: Outcomes</b> of Doctor Patient Communication ; a range of attitudes, beliefs, behaviours and roles <b>Dr Atul Sharma</b>	<b>Write Reflections:</b> What happened? So what? What next? Feedback on Foundation course <b>Faculty from Basic Departments</b>
<b>Holidays :4/11/18/25 are Sunday &amp;12/17/24 are other Holidays.</b> <b>Venue : Auditorium GMC Kota</b>						

### Foundation course at a glance

Sr. N.	Subject/content	Hours (MCI)	Hours (Actual)	Coordinator	Remarks
1	Orientation (O)	30	30	Faculty Member	Conducted in 1 <sup>st</sup> week of foundation course only
2	Skills Module	35	35	Faculty Member	First Aid, BLS, Learning skill, Communication skill, Bio safety and Bio hazards
3	Field visit to community health centre	8	8	Faculty Member	Will be finalized by CM Department
4	Professional Development including ethics (P & E)	40	40	Faculty Member	Beginning Part of AETCOM - Cadaveric ceremony and Research can be added
5	Sports and Extracurricular activities (ECA)	22	14 - Sports	Faculty Member	2 Hrs ECA and 4 Hrs sports per week for 4 weeks (Last two Hrs of Wed, Fri, Sat)
			08 – ECA	Faculty Member	

6	Enhancement of language/ computer skills	40	40	Faculty Member	For some elements like CCC/CCC+ language outsourcing will be done
<b>Total Hours</b>		<b>175</b>	<b>178</b>	-	-

Principal & Controller